



# DAY CENTRE PROGRAMMES



## Monday

### Movie Club

**Pick up:** from 9.00am  
**Drop off:** from 2.00pm  
**Cost:** \$17

**Includes:** Morning Tea & Lunch  
If you like watching movies come and join us for a cinema experience held in at our Day Centre client lounge.



## Wednesday

### Craft Club

**Pick up:** from 12.15pm  
**Drop off:** from 3.15pm  
**Cost:** \$9.00

**Includes:** Afternoon Tea  
Are you a bit crafty? Do you like knitting or crocheting? Or are you someone who loves to just sit and colour in, maybe you like to do diamond dot painting? We have your seat waiting for you so come give it a go.



## Friday

### Friday What'll Ladies

#### Morning session

**Pick up:** from 9.00am  
**Drop off:** from 11.30am  
**Cost:** \$5.00 + Café Cost or \$9.00 - \$15.00

This one is for the ladies only. Are you a morning person who likes to get out and about. Would you enjoy a nice morning tea out with the girls? We go to cafes, have morning tea picnics and sometimes it's just a question of What'll we do today.



### Friday What'll Ladies

#### Afternoon session

**Pick up:** from 1.00pm  
**Drop off:** from 3.20pm

Same as the morning group but for those ladies that are not up to the morning times.

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On the 3rd Friday of every month both morning and afternoon groups go out together for a luncheon.

**Pick up** from 10.45am  
**Drop off** from 2.00pm

## Tuesday

### Tuesday Centre Group

**Pick up:** from 9.00am  
**Drop off:** from 1.30pm  
**Cost:** \$17.00

**Includes:** Morning Tea and Lunch  
This group does everything from playing games at our Day centre to going out for a drive and seeing the countryside. You never know where you will end up on this one.



Specialised group with limited seats available

### Wednesday Games Group

**Pick up:** from 12.15pm  
**Drop off:** from 3.15pm  
**Cost:** \$9.00

**Includes:** Afternoon Tea  
Like a game of Canasta or Crowns or maybe you like playing Rummikin or scrabble, then this one is for you. Can't play but would like to learn then come and join us for an afternoon of play and we will teach you how to.



## Thursday

### Shop Bus Morning Bus & Afternoon Bus

**Pick up:** from 9.00am or 1.00pm  
**Drop off:** from 11.30am or 3.15pm

This is a shopping service for those who can still independently shop but are in need of transport and some assistance to get their grocery shop done.



### Afternoon Physio Group

Specialised group.  
Contact your Service Coordinator for more information.



### Friday Men

**Pick up:** from 9.00am  
**Drop off:** from 2.30pm  
**Cost:** \$17.00

**Includes:** Morning Tea and Lunch  
This one is for the fellas only. A get together for men who enjoy a chat, a drive, a game of pool and whatever else is going on the day.



# Saturday

## Fortnightly Social Club

**Pick up:** from 10.45am

**Drop off:** from 2.00pm

**Cost:** \$ 5.00 + Café/Hotel Cost

This group is all about the social . A mixed social group for singles on their own or couples who would like to come out for a luncheon at one of the local cafes or hotels. Come make some new friends and have a great day out with other EHC clients and staff.



**Our Social Programmes are available to all EHC Clients!**

An update to your assessment may be required

**Some programmes may have a waiting list**

For enquiries about any of our services please call Home Care on 9083 1800.